



Ascentis Entry 1, 2 and 3 Award/Certificate/Diploma in
Independent Living
Specification

Regulation Codes - see page 4

Award and Certificate

Ofqual Start Date:	01/08/2018
Ofqual Review Date:	31/07/2022
Ofqual Certification Review Date:	31/07/2023

Diploma

Ofqual Start Date:	01/03/2013
Ofqual Review Date:	31/07/2022
Ofqual Certification Review Date:	31/07/2023

ABOUT ASCENTIS

Ascentis was originally established in 1975 as OCNW, a co-operative scheme between Universities and Colleges of Further Education. Ascentis was the first 'Open College' in the UK and served the needs of its members for over 34 years. Throughout this period, OCNW grew yet maintained its independence in order that it could continue to respond to the requirements of its customers and provide a consistently high standard of service to all centres across the country and in recent years to its increasing cohorts of overseas learners.

In 2009 OCNW became Ascentis - a company limited by guarantee and a registered educational charity.

Ascentis is distinctive and unusual in that it is both:

- **An Awarding Organisation** regulated by the Office of Qualifications and Examinations Regulation (Ofqual, England), Council for the Curriculum, Examinations and Assessment (CCEA, Northern Ireland) and Qualifications Wales

and

- **an Access Validating Agency (AVA)** for 'Access to HE Programmes' licensed by the Quality Assurance Agency for Higher Education (QAA).

Ascentis is therefore able to offer a comprehensive ladder of opportunities to centres and their students, including Foundation Learning, vocational programmes and progressing to QAA recognised Access to HE qualifications. The flexible and adult-friendly ethos of Ascentis has resulted in centres throughout the UK choosing to run its qualifications.

ASCENTIS CONTACT DETAILS

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ASCENTIS ENTRY LEVEL INDEPENDENT LIVING

Introduction

The Ascentis suite of qualifications in Independent Living has been designed to address the needs of Entry Level learners, and in particular those with learning difficulties and disabilities. The flexibility of the qualifications ensures that all Entry Level learners are given opportunities to access appropriate and relevant education and improve their life chances.

There are several features of this qualification that make it very appropriate for its target learners:

- Unit certification is available for each of the units
- Verification and certification can be offered throughout the year, allowing maximum flexibility for centres
- Can be delivered either as a classroom-based course or as a blended learning programme
- Evidence can be generated within a wide range of organisational contexts allowing the qualification to meet the specific occupational requirements of the learners.

Aims

The aims of the qualifications are to enable learners to gain skills which help them to live more independently, such as personal care, accessing community facilities and household skills.

Target Group

These qualifications are aimed at those learners who may need help and support to develop various life skills in order that they can live an independent lifestyle.

Regulation Codes

603/3469/1 Ascentis Entry Level Award in Independent Living (Entry 1)

603/3470/8 Ascentis Entry Level Award in Independent Living (Entry 2)

603/3471/X Ascentis Entry Level Award in Independent Living (Entry 3)

603/3473/3 Ascentis Entry Level Certificate in Independent Living (Entry 1)

603/3474/5 Ascentis Entry Level Certificate in Independent Living (Entry 2)

603/3475/7 Ascentis Entry Level Certificate in Independent Living (Entry 3)

600/8504/6 Ascentis Entry Level Diploma in Independent Living (Entry 1)

600/8505/8 Ascentis Entry Level Diploma in Independent Living (Entry 2)

600/8506/X Ascentis Entry Level Diploma in Independent Living (Entry 3)

Rules of Combination

Entry 1 Rationale for Rules of Combination

Ascentis Entry 1 Award in Independent Living

Learners must achieve 6 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 5 credits must be achieved from the remaining unit groups. At least 3 credits must be at Entry 1. Units with the same title at different levels are barred.

Ascentis Entry 1 Certificate in Independent Living

Learners must achieve 15 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 14 credits must be achieved from the remaining unit groups. At least 8 credits must be at Entry 1. Units with the same title at different levels are barred.

Ascentis Entry 1 Diploma in Independent Living

Learners must achieve 37 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 36 credits must be achieved from the remaining unit groups. At least 19 credits must be at Entry 1. Units with the same title at different levels are barred.

Ascentis Entry 1 in Independent Living				
Unit Group A (Mandatory): Learner must achieve the 1 credit unit.				
Title	Level	Credit Value	GLH	Unit ref
Independent Living	Entry 1	1	10	M/600/6146
Unit Group B (Household Skills):				
Title	Level	Credit Value	GLH	Unit ref
Kitchen Hygiene	Entry 1	1	10	A/600/6201
Household Expenses	Entry 1	3	30	A/600/6215
Recycling, Managing Waste	Entry 1	2	20	H/600/6225
Basic Cooking Techniques	Entry 1	3	30	J/600/6198
Food Safety and Storage	Entry 1	3	30	K/600/6209
Household Cleaning	Entry 1	3	30	K/600/6212
Everyday Food and Drink Preparation	Entry 1	3	30	L/600/6204
Household Shopping	Entry 1	3	30	L/600/6218
Make a Simple Meal	Entry 1	3	30	R/600/6222
Unit Group C (Personal Care):				
Title	Level	Credit Value	GLH	Unit ref
Personal Health	Entry 1	3	30	A/600/6294
Choosing Clothing and Footwear	Entry 1	2	20	J/600/6251
Personal Care and Hygiene	Entry 1	3	30	M/600/6289
Personal Presentation	Entry 1	3	30	M/600/6308
Looking after Clothes	Entry 1	3	30	R/600/6270

Drug and Alcohol Awareness	Entry 1	2	20	T/600/6259
Eating a Balanced Diet	Entry 1	3	30	T/600/6262
Personal Safety	Entry 1	3	30	Y/600/6304
Health and Fitness	Entry 1	3	30	Y/600/6268
Unit Group D (Accessing Community Facilities)				
Title	Level	Credit Value	GLH	Unit ref
Living in the Community	Entry 1	1	10	A/600/6151
Accessing Health Services	Entry 1	3	30	A/600/6523
Getting about Safely	Entry 1	3	30	A/600/6540
Accessing Financial services	Entry 1	3	30	D/600/6515
Using Public Transport – Buses and Trains	Entry 1	3	30	D/600/6546
Accessing Commercial Services	Entry 1	3	30	F/600/6510
Accessing Leisure Services	Entry 1	3	30	K/600/6534
Knowing Your Local Area	Entry 1	3	30	M/600/6549
Using Public Transport – Taxis	Entry 1	2	20	R/600/6527
Accessing Helping Services	Entry 1	3	30	R/600/6530
Unit Group E (Personal Development)				
Title	Level	Credit Value	GLH	Unit ref
Personal Awareness	Entry 1	2	20	A/600/6490
Understanding Relationships	Entry 1	2	20	D/600/6501
Developing Assertiveness	Entry 1	2	20	J/600/6475
Making Choices	Entry 1	1	10	M/600/6485
Self-Advocacy	Entry 1	3	30	Y/600/6495
Unit Group F (Leisure Activities)				
Title	Level	Credit Value	GLH	Unit ref
Accessing the Countryside	Entry 1	3	30	A/600/6313
Eating Out	Entry 1	3	30	D/600/6319
Outdoor Pursuits	Entry 1	3	30	Y/600/6450
Pet Care	Entry 1	3	30	F/600/6457
Hobbies	Entry 1	2	20	J/600/6444
Participation in Team Activities	Entry 1	3	30	K/600/6453
Computer Games	Entry 1	1	10	L/600/6316
Exploring Dance	Entry 1	3	30	L/600/6428
Exploring Art	Entry 1	3	30	M/600/6423
Exploring Music	Entry 1	3	30	R/600/6432
Exploring Performance	Entry 1	3	30	T/600/6438
Observing and Encouraging Birds	Entry 1	3	30	Y/600/6447

Gardening for Pleasure	Entry 1	3	30	T/600/6441
Unit Group G (Rights and Responsibilities)				
Title	Level	Credit Value	GLH	Unit ref
Working as a Volunteer	Entry 1	3	30	A/600/6506
Volunteering	Entry 1	2	20	H/600/6516
Law and Order	Entry 1	2	20	F/600/6488
Understanding Rights and Responsibilities	Entry 1	3	30	H/600/6502
Living in a Diverse Society	Entry 1	2	20	R/600/6494
Environmental Issues	Entry 1	2	20	R/600/6477
Unit Group H (Entry 2 Units)				
Learners can take a maximum of 2 Credits within the Award				
Learners can take a maximum of 7 Credits within the Certificate				
Learners can take a maximum of 18 Credits within the Diploma				
Title	Level	Credit Value	GLH	Unit ref
Kitchen Hygiene	Entry 2	1	10	F/600/6202
Household Expenses	Entry 2	3	30	F/600/6216
Recycling, Managing Waste	Entry 2	2	20	K/600/6226
Basic Cooking Techniques	Entry 2	3	30	L/600/6199
Food Safety and Storage	Entry 2	3	30	D/600/6210
Household Cleaning	Entry 2	3	30	M/600/6213
Everyday Food and Drink Preparation	Entry 2	3	30	R/600/6205
Household Shopping	Entry 2	3	30	R/600/6219
Make a Simple Meal	Entry 2	3	30	Y/600/6223
Using Domestic Appliances	Entry 2	2	20	T/600/6228
Personal Health	Entry 2	3	30	F/600/6295
Choosing Clothing and Footwear	Entry 2	2	20	L/600/6252
Making Choices	Entry 2	1	10	T/600/6486
Self-Advocacy	Entry 2	3	30	H/600/6497
Personal Presentation	Entry 2	3	30	T/600/6309
Looking after Clothes	Entry 2	3	30	D/600/6272
Drug and Alcohol Awareness	Entry 2	2	20	K/600/6260
Eating a Balanced Diet	Entry 2	3	30	A/600/6263
Personal Safety	Entry 2	3	30	D/600/6305
Health and Fitness	Entry 2	3	30	R/600/6267
Personal Care and Hygiene	Entry 2	3	30	H/600/6290
Living in the Community	Entry 2	1	10	F/600/6152
Accessing Health Services	Entry 2	3	30	J/600/6525
Getting about Safely	Entry 2	3	30	L/600/6543
Accessing Financial services	Entry 2	3	30	T/600/6519
Using Public Transport – Buses and Trains	Entry 2	3	30	K/600/6548
Accessing Commercial Services	Entry 2	3	30	L/600/6512
Accessing Leisure Services	Entry 2	3	30	T/600/6536
Knowing Your Local Area	Entry 2	3	30	H/600/6550
Using Public Transport – Taxis	Entry 2	2	20	J/600/6539

Accessing Helping Services	Entry 2	3	30	D/600/6532
Personal Awareness	Entry 2	2	20	F/600/6491
Understanding Relationships	Entry 2	2	20	K/600/6503
Developing Assertiveness	Entry 2	2	20	Y/600/6478
Accessing the Countryside	Entry 2	3	30	F/600/6314
Eating Out	Entry 2	3	30	R/600/6320
Outdoor Pursuits	Entry 2	3	30	D/600/6451
Pet Care	Entry 2	3	30	J/600/6458
Hobbies	Entry 2	2	20	L/600/6445
Participation in Team Activities	Entry 2	3	30	M/600/6454
Exploring Dance	Entry 2	3	30	J/600/6430
Exploring Art	Entry 2	3	30	A/600/6425
Exploring Music	Entry 2	3	30	Y/600/6433
Exploring Performance	Entry 2	3	30	A/600/6439
Observing and Encouraging Birds	Entry 2	3	30	D/600/6448
Gardening for Pleasure	Entry 2	3	30	A/600/6442
Working as a Volunteer	Entry 2	3	30	F/600/6507
Volunteering	Entry 2	2	20	M/600/6518
Law and Order	Entry 2	2	20	J/600/6489
Understanding Rights and Responsibilities	Entry 2	3	30	M/600/6504
Living in a Diverse Society	Entry 2	2	20	D/600/6496
Environmental Issues	Entry 2	2	20	D/600/6482

Entry 2 Rationale for Rules of Combination

Ascentis Entry 2 Award in Independent Living

Learners must achieve 6 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 5 credits must be achieved from the remaining unit groups. At least 3 credits must be at Entry 2. Units with the same title at different levels are barred.

Ascentis Entry 2 Certificate in Independent Living

Learners must achieve 15 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 14 credits must be achieved from the remaining unit groups. At least 8 credits must be at Entry 2. Units with the same title at different levels are barred.

Ascentis Entry 2 Diploma in Independent Living

Learners must achieve 37 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 36 credits must be achieved from the remaining unit groups. At least 19 credits must be at Entry 2. Units with the same title at different levels are barred.

Ascentis Entry 2 in Independent Living				
Unit Group A (Mandatory): Learner must achieve the 1 credit unit.				
Title	Level	Credit Value	GLH	Unit ref
Independent Living	Entry 2	1	10	T/600/6147
Unit Group B (Household Skills):				
Units with the same title at different levels are barred.				
Title	Level	Credit Value	GLH	Unit ref
Kitchen Hygiene	Entry 2	1	10	F/600/6202
Household Expenses	Entry 2	3	30	F/600/6216
Recycling, Managing Waste	Entry 2	2	20	K/600/6226
Basic Cooking Techniques	Entry 2	3	30	L/600/6199
Food Safety and Storage	Entry 2	3	30	D/600/6210
Household Cleaning	Entry 2	3	30	M/600/6213
Everyday Food and Drink Preparation	Entry 2	3	30	R/600/6205
Household Shopping	Entry 2	3	30	R/600/6219
Make a Simple Meal	Entry 2	3	30	Y/600/6223
Using Domestic Appliances	Entry 2	2	20	T/600/6228
Unit Group C (Personal Care):				
Title	Level	Credit Value	GLH	Unit ref
Personal Health	Entry 2	3	30	F/600/6295
Choosing Clothing and Footwear	Entry 2	2	20	L/600/6252
Personal Care and Hygiene	Entry 2	3	30	H/600/6290
Personal Presentation	Entry 2	3	30	T/600/6309

Looking after Clothes	Entry 2	3	30	D/600/6272
Drug and Alcohol Awareness	Entry 2	2	20	K/600/6260
Eating a Balanced Diet	Entry 2	3	30	A/600/6263
Personal Safety	Entry 2	3	30	D/600/6305
Health and Fitness	Entry 2	3	30	R/600/6267
Unit Group D (Accessing Community Facilities)				
Title	Level	Credit Value	GLH	Unit ref
Living in the Community	Entry 2	1	10	F/600/6152
Accessing Health Services	Entry 2	3	30	J/600/6525
Getting about Safely	Entry 2	3	30	L/600/6543
Accessing Financial Services	Entry 2	3	30	T/600/6519
Using Public Transport – Buses and Trains	Entry 2	3	30	K/600/6548
Accessing Commercial Services	Entry 2	3	30	L/600/6512
Accessing Leisure Services	Entry 2	3	30	T/600/6536
Knowing Your Local Area	Entry 2	3	30	H/600/6550
Using Public Transport – Taxis	Entry 2	2	20	J/600/6539
Accessing Helping Services	Entry 2	3	30	D/600/6532
Unit Group E (Personal Development)				
Title	Level	Credit Value	GLH	Unit ref
Personal Awareness	Entry 2	2	20	F/600/6491
Understanding Relationships	Entry 2	2	20	K/600/6503
Developing Assertiveness	Entry 2	2	20	Y/600/6478
Making Choices	Entry 2	1	10	T/600/6486
Self-Advocacy	Entry 2	3	30	H/600/6497
Unit Group F (Leisure Activities)				
Title	Level	Credit Value	GLH	Unit ref
Accessing the Countryside	Entry 2	3	30	F/600/6314
Eating Out	Entry 2	3	30	R/600/6320
Outdoor Pursuits	Entry 2	3	30	D/600/6451
Pet Care	Entry 2	3	30	J/600/6458
Hobbies	Entry 2	2	20	L/600/6445
Participation in Team Activities	Entry 2	3	30	M/600/6454
Computer Games	Entry 2	1	10	R/600/6317
Exploring Dance	Entry 2	3	30	J/600/6430
Exploring Art	Entry 2	3	30	A/600/6425
Exploring Music	Entry 2	3	30	Y/600/6433
Exploring Performance	Entry 2	3	30	A/600/6439
Observing and Encouraging Birds	Entry 2	3	30	D/600/6448
Gardening for Pleasure	Entry 2	3	30	A/600/6442

Unit Group G (Rights and Responsibilities)				
Title	Level	Credit Value	GLH	Unit ref
Working as a Volunteer	Entry 2	3	30	F/600/6507
Volunteering	Entry 2	2	20	M/600/6518
Law and Order	Entry 2	2	20	J/600/6489
Understanding Rights and Responsibilities	Entry 2	3	30	M/600/6504
Living in a Diverse Society	Entry 2	2	20	D/600/6496
Environmental Issues	Entry 2	2	20	D/600/6482
Unit Group H (Entry 1 Units)				
Learners can take a maximum of 2 Credits within the Award				
Learners can take a maximum of 7 Credits within the Certificate				
Learners can take a maximum of 18 Credits within the Diploma				
Title	Level	Credit Value	GLH	Unit ref
Kitchen Hygiene	Entry 1	1	10	A/600/6201
Household Expenses	Entry 1	3	30	A/600/6215
Recycling, Managing Waste	Entry 1	2	20	H/600/6225
Basic Cooking Techniques	Entry 1	3	30	J/600/6198
Food Safety and Storage	Entry 1	3	30	K/600/6209
Household Cleaning	Entry 1	3	30	K/600/6212
Everyday Food and Drink Preparation	Entry 1	3	30	L/600/6204
Household Shopping	Entry 1	3	30	L/600/6218
Make a Simple Meal	Entry 1	3	30	R/600/6222
Personal Health	Entry 1	3	30	A/600/6294
Choosing Clothing and Footwear	Entry 1	2	20	J/600/6251
Personal Care and Hygiene	Entry 1	3	30	M/600/6289
Personal Presentation	Entry 1	3	30	M/600/6308
Looking after Clothes	Entry 1	3	30	R/600/6270
Drug and Alcohol Awareness	Entry 1	2	20	T/600/6259
Eating a Balanced Diet	Entry 1	3	30	T/600/6262
Personal Safety	Entry 1	3	30	Y/600/6304
Health and Fitness	Entry 1	3	30	Y/600/6268
Living in the Community	Entry 1	1	10	A/600/6151
Accessing Health Services	Entry 1	3	30	A/600/6523
Getting about Safely	Entry 1	3	30	A/600/6540
Accessing Financial services	Entry 1	3	30	D/600/6515
Using Public Transport – Buses and Trains	Entry 1	3	30	D/600/6546
Accessing Commercial Services	Entry 1	3	30	F/600/6510
Accessing Leisure Services	Entry 1	3	30	K/600/6534
Knowing Your Local Area	Entry 1	3	30	M/600/6549
Using Public Transport – Taxis	Entry 1	2	20	R/600/6527
Accessing Helping Services	Entry 1	3	30	R/600/6530
Personal Awareness	Entry 1	2	20	A/600/6490
Understanding Relationships	Entry 1	2	20	D/600/6501
Developing Assertiveness	Entry 1	2	20	J/600/6475

Making Choices	Entry 1	1	10	M/600/6485
Self-Advocacy	Entry 1	3	30	Y/600/6495
Accessing the Countryside	Entry 1	3	30	A/600/6313
Eating Out	Entry 1	3	30	D/600/6319
Outdoor Pursuits	Entry 1	3	30	Y/600/6450
Pet Care	Entry 1	3	30	F/600/6457
Hobbies	Entry 1	2	20	J/600/6444
Participation in Team Activities	Entry 1	3	30	K/600/6453
Exploring Dance	Entry 1	3	30	L/600/6428
Exploring Art	Entry 1	3	30	M/600/6423
Exploring Music	Entry 1	3	30	R/600/6432
Exploring Performance	Entry 1	3	30	T/600/6438
Observing and Encouraging Birds	Entry 1	3	30	Y/600/6447
Gardening for Pleasure	Entry 1	3	30	T/600/6441
Working as a Volunteer	Entry 1	3	30	A/600/6506
Volunteering	Entry 1	2	20	H/600/6516
Law and Order	Entry 1	2	20	F/600/6488
Understanding Rights and Responsibilities	Entry 1	3	30	H/600/6502
Living in a Diverse Society	Entry 1	2	20	R/600/6494
Environmental Issues	Entry 1	2	20	R/600/6477
Unit Group I (Entry 3 Units) Learners can take a maximum of 2 Credits within the Award Learners can take a maximum of 7 Credits within the Certificate Learners can take a maximum of 18 Credits within the Diploma				
Title	Level	Credit Value	GLH	Unit ref
Kitchen Hygiene	Entry 3	1	10	J/600/6203
Household Expenses	Entry 3	3	30	J/600/6217
Recycling, Managing Waste	Entry 3	2	20	M/600/6227
Food Safety and Storage	Entry 3	3	30	H/600/6211
Household Cleaning	Entry 3	3	30	T/600/6214
Everyday Food and Drink Preparation	Entry 3	3	30	Y/600/6206
Household Shopping	Entry 3	3	30	L/600/6221
Make a Simple Meal	Entry 3	3	30	D/600/6224
Using Domestic Appliances	Entry 3	2	20	A/600/6229
Personal Health	Entry 3	3	30	L/600/6297
Choosing Clothing and Footwear	Entry 3	2	20	R/600/6253
Personal Care and Hygiene	Entry 3	3	30	K/600/6291
Personal Presentation	Entry 3	3	30	M/600/6311
Looking after Clothes	Entry 3	3	30	R/600/6284
Drug and Alcohol Awareness	Entry 3	2	20	M/600/6261
Eating a Balanced Diet	Entry 3	3	30	F/600/6264
Personal Safety	Entry 3	3	30	H/600/6306
Health and Fitness	Entry 3	3	30	A/501/5194
Living in the Community	Entry 3	1	10	J/600/6153
Getting about Safely	Entry 3	3	30	R/600/6544
Accessing Financial services	Entry 3	3	30	T/600/6522
Using Public Transport – Buses and Trains	Entry 3	3	30	T/600/6553

Accessing Commercial Services	Entry 3	3	30	R/600/6513
Accessing Leisure Services	Entry 3	3	30	A/600/6537
Knowing Your Local Area	Entry 3	3	30	A/600/6554
Using Public Transport – Taxis	Entry 3	2	20	J/600/6542
Accessing Helping Services	Entry 3	3	30	H/600/6533
Personal Awareness	Entry 3	2	20	L/600/6493
Understanding Relationships	Entry 3	2	20	T/600/6505
Developing Assertiveness	Entry 3	2	20	Y/600/6481
Making Choices	Entry 3	1	10	A/600/6487
Self-Advocacy	Entry 3	3	30	M/600/6499
Accessing the Countryside	Entry 3	3	30	J/600/6315
Eating Out	Entry 3	3	30	Y/600/6321
Outdoor Pursuits	Entry 3	3	30	H/600/6452
Pet Care	Entry 3	3	30	L/600/6459
Hobbies	Entry 3	2	20	R/600/6446
Participation in Team Activities	Entry 3	3	30	T/600/6455
Computer Games	Entry 3	1	10	Y/600/6318
Exploring Dance	Entry 3	3	30	L/600/6431
Exploring Art	Entry 3	3	30	F/600/6426
Exploring Music	Entry 3	3	30	K/600/6436
Exploring Performance	Entry 3	3	30	M/600/6440
Observing and Encouraging Birds	Entry 3	3	30	H/600/6449
Gardening for Pleasure	Entry 3	3	30	F/600/6443
Working as a Volunteer	Entry 3	3	30	J/600/6508
Volunteering	Entry 3	2	20	K/600/6520
Law and Order	Entry 3	2	20	J/600/6492
Understanding Rights and Responsibilities	Entry 3	3	30	Y/600/6500
Living in a Diverse Society	Entry 3	2	20	K/600/6498
Environmental Issues	Entry 3	2	20	K/600/6484

Entry 3 Rationale for Rules of Combination

Ascentis Entry 3 Award in Independent Living

Learners must achieve 6 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 5 credits must be achieved from the remaining unit groups. At least 3 credits must be at Entry 3. Units with the same title at different levels are barred.

Ascentis Entry 3 Certificate in Independent Living

Learners must achieve 15 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 14 credits must be achieved from the remaining unit groups. At least 8 credits must be at Entry 3. Units with the same title at different levels are barred.

Ascentis Entry 3 Diploma in Independent Living

Learners must achieve 37 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 36 credits must be achieved from the remaining unit groups. At least 19 credits must be at Entry 3. Units with the same title at different levels are barred.

Ascentis Entry 3 in Independent Living				
Unit Group A (Mandatory): Learner must achieve the 1 credit unit.				
Title	Level	Credit Value	GLH	Unit ref
Independent Living	Entry 3	1	10	F/600/6149
Unit Group B (Household Skills):				
Units with the same title at different levels are barred.				
Title	Level	Credit Value	GLH	Unit ref
Kitchen Hygiene	Entry 3	1	10	J/600/6203
Household Expenses	Entry 3	3	30	J/600/6217
Recycling, Managing Waste	Entry 3	2	20	M/600/6227
Basic Cooking Techniques	Entry 3	3	30	T/600/6200
Food Safety and Storage	Entry 3	3	30	H/600/6211
Household Cleaning	Entry 3	3	30	T/600/6214
Everyday Food and Drink Preparation	Entry 3	3	30	Y/600/6206
Household Shopping	Entry 3	3	30	L/600/6221
Make a Simple Meal	Entry 3	3	30	D/600/6224
Using Domestic Appliances	Entry 3	2	20	A/600/6229
Unit Group C (Personal Care):				
Title	Level	Credit Value	GLH	Unit ref
Personal Health	Entry 3	3	30	L/600/6297
Choosing Clothing and Footwear	Entry 3	2	20	R/600/6253
Personal Care and Hygiene	Entry 3	3	30	K/600/6291
Personal Presentation	Entry 3	3	30	M/600/6311

Looking after Clothes	Entry 3	3	30	R/600/6284
Drug and Alcohol Awareness	Entry 3	2	20	M/600/6261
Eating a Balanced Diet	Entry 3	3	30	F/600/6264
Personal Safety	Entry 3	3	30	H/600/6306
Health and Fitness	Entry 3	3	30	A/501/5194

Unit Group D (Accessing Community Facilities)

Title	Level	Credit Value	GLH	Unit ref
Living in the Community	Entry 3	1	10	J/600/6153
Accessing Health Services	Entry 3	3	30	L/600/6526
Getting about Safely	Entry 3	3	30	R/600/6544
Accessing Financial services	Entry 3	3	30	T/600/6522
Using Public Transport – Buses and Trains	Entry 3	3	30	T/600/6553
Accessing Commercial Services	Entry 3	3	30	R/600/6513
Accessing Leisure Services	Entry 3	3	30	A/600/6537
Knowing Your Local Area	Entry 3	3	30	A/600/6554
Using Public Transport – Taxis	Entry 3	2	20	J/600/6542
Accessing Helping Services	Entry 3	3	30	H/600/6533

Unit Group E (Personal Development)

Title	Level	Credit Value	GLH	Unit ref
Personal Awareness	Entry 3	2	20	L/600/6493
Understanding Relationships	Entry 3	2	20	T/600/6505
Developing Assertiveness	Entry 3	2	20	Y/600/6481
Making Choices	Entry 3	1	10	A/600/6487
Self-Advocacy	Entry 3	3	30	M/600/6499

Unit Group F (Leisure Activities)

Title	Level	Credit Value	GLH	Unit ref
Accessing the Countryside	Entry 3	3	30	J/600/6315
Eating Out	Entry 3	3	30	Y/600/6321
Outdoor Pursuits	Entry 3	3	30	H/600/6452
Pet Care	Entry 3	3	30	L/600/6459
Hobbies	Entry 3	2	20	R/600/6446
Participation in Team Activities	Entry 3	3	30	T/600/6455
Computer Games	Entry 3	1	10	Y/600/6318
Exploring Dance	Entry 3	3	30	L/600/6431
Exploring Art	Entry 3	3	30	F/600/6426
Exploring Music	Entry 3	3	30	K/600/6436
Exploring Performance	Entry 3	3	30	M/600/6440
Observing and Encouraging Birds	Entry 3	3	30	H/600/6449
Gardening for Pleasure	Entry 3	3	30	F/600/6443

Unit Group G (Rights and Responsibilities)				
Title	Level	Credit Value	GLH	Unit ref
Working as a Volunteer	Entry 3	3	30	J/600/6508
Volunteering	Entry 3	2	20	K/600/6520
Law and Order	Entry 3	2	20	J/600/6492
Understanding Rights and Responsibilities	Entry 3	3	30	Y/600/6500
Living in a Diverse Society	Entry 3	2	20	K/600/6498
Environmental Issues	Entry 3	2	20	K/600/6484
Unit Group H (Entry 2 Units)				
Learners can take a maximum of 2 Credits within the Award				
Learners can take a maximum of 7 Credits within the Certificate				
Learners can take a maximum of 18 Credits within the Diploma				
Title	Level	Credit Value	GLH	Unit ref
Kitchen Hygiene	Entry 2	1	10	F/600/6202
Household Expenses	Entry 2	3	30	F/600/6216
Recycling, Managing Waste	Entry 2	2	20	K/600/6226
Basic Cooking Techniques	Entry 2	3	30	L/600/6199
Food Safety and Storage	Entry 2	3	30	D/600/6210
Household Cleaning	Entry 2	3	30	M/600/6213
Everyday Food and Drink Preparation	Entry 2	3	30	R/600/6205
Household Shopping	Entry 2	3	30	R/600/6219
Make a Simple Meal	Entry 2	3	30	Y/600/6223
Using Domestic Appliances	Entry 2	2	20	T/600/6228
Personal Health	Entry 2	3	30	F/600/6295
Choosing Clothing and Footwear	Entry 2	2	20	L/600/6252
Making Choices	Entry 2	1	10	T/600/6486
Self-Advocacy	Entry 2	3	30	H/600/6497
Personal Presentation	Entry 2	3	30	T/600/6309
Looking after Clothes	Entry 2	3	30	D/600/6272
Drug and Alcohol Awareness	Entry 2	2	20	K/600/6260
Eating a Balanced Diet	Entry 2	3	30	A/600/6263
Personal Safety	Entry 2	3	30	D/600/6305
Health and Fitness	Entry 2	3	30	R/600/6267
Personal Care and Hygiene	Entry 2	3	30	H/600/6290
Living in the Community	Entry 2	1	10	F/600/6152
Accessing Health Services	Entry 2	3	30	J/600/6525
Getting about Safely	Entry 2	3	30	L/600/6543
Accessing Financial services	Entry 2	3	30	T/600/6519
Using Public Transport – Buses and Trains	Entry 2	3	30	K/600/6548
Accessing Commercial Services	Entry 2	3	30	L/600/6512
Accessing Leisure Services	Entry 2	3	30	T/600/6536
Knowing Your Local Area	Entry 2	3	30	H/600/6550
Using Public Transport – Taxis	Entry 2	2	20	J/600/6539
Accessing Helping Services	Entry 2	3	30	D/600/6532

Personal Awareness	Entry 2	2	20	F/600/6491
Understanding Relationships	Entry 2	2	20	K/600/6503
Developing Assertiveness	Entry 2	2	20	Y/600/6478
Accessing the Countryside	Entry 2	3	30	F/600/6314
Eating Out	Entry 2	3	30	R/600/6320
Outdoor Pursuits	Entry 2	3	30	D/600/6451
Pet Care	Entry 2	3	30	J/600/6458
Hobbies	Entry 2	2	20	L/600/6445
Participation in Team Activities	Entry 2	3	30	M/600/6454
Exploring Dance	Entry 2	3	30	J/600/6430
Exploring Art	Entry 2	3	30	A/600/6425
Exploring Music	Entry 2	3	30	Y/600/6433
Exploring Performance	Entry 2	3	30	A/600/6439
Observing and Encouraging Birds	Entry 2	3	30	D/600/6448
Gardening for Pleasure	Entry 2	3	30	A/600/6442
Working as a Volunteer	Entry 2	3	30	F/600/6507
Volunteering	Entry 2	2	20	M/600/6518
Law and Order	Entry 2	2	20	J/600/6489
Understanding Rights and Responsibilities	Entry 2	3	30	M/600/6504
Living in a Diverse Society	Entry 2	2	20	D/600/6496
Environmental Issues	Entry 2	2	20	D/600/6482

Unit certification is available for all units.

Guided Learning Hours

The recommended guided learning hours for Entry 1, 2 and 3 Awards in Independent Living is 60
The recommended guided learning hours for Entry 1, 2 and 3 Certificates in Independent Living is 150
The recommended guided learning hours for Entry 1, 2 and 3 Diplomas in Independent Living is 370.

Total Qualification Time

The total qualification time for Entry 1, 2 and 3 Awards in Independent Living is 60
The total qualification time for Entry 1, 2 and 3 Certificates in Independent Living is 150
The total qualification time for Entry 1, 2 and 3 Diplomas in Independent Living is 370.

Time Limit for the Process of Credit Accumulation and Exemptions

Credit accumulation is usually within the life span of the qualification. Exemptions may have been achieved previous to the qualification start date; each case will be considered separately.

Recommended Prior Knowledge, Attainment and/or Experience

There is no prior knowledge required for this qualification.

Age Range of Qualification

This qualification is suitable for learners aged 14+, 16-18, 19+

Opportunities for Progression

Learners may wish to extend their skills in other core areas, such as literacy, numeracy or ICT. Learners achieving a full Diploma may be ready to move into independent, supported or sheltered living accommodation. They may also wish to consider other issues such as supported employment or training in that area.

Centre Recognition

This qualification can only be offered by centres recognised by Ascentis and approved to run this qualification. Details of the centre recognition and qualification approval process are available from the Ascentis office (tel. 01524 845046) or from the website at www.ascentis.co.uk.

Qualification Approval

If your centre is already a recognised centre, you will need to complete and submit a qualification approval form to deliver this qualification. Details of the qualification approval process are available from the Ascentis office (tel. 01524 845046) or from the website at www.ascentis.co.uk.

Registration

All learners must normally be registered with Ascentis within seven weeks of commencement of a course via the Ascentis electronic registration portal.

Status in England, Wales and Northern Ireland

This qualification is available in England and Northern Ireland. It is only offered in English. If a centre based overseas (including Scotland) would like to offer this qualification, they should make an enquiry to Ascentis.

Reasonable Adjustments and Special Considerations

In the development of this qualification Ascentis has made every attempt to ensure that there are no unnecessary barriers to achievement. For learners with particular requirements reasonable adjustments may be made in order that they can have fair assessment and demonstrate attainment. There are also arrangements for special consideration for any learner suffering illness, injury or indisposition. Full details of the reasonable adjustments and special considerations are available from the Resources/Key Documents area of the Ascentis website www.ascentis.co.uk or through contacting the Ascentis office.

Enquiries and Appeals Procedure

Ascentis has an appeals procedure in accordance with the regulatory arrangements in the Ofqual *General Conditions of Recognition*¹. Full details of this procedure, including how to make an application, are available from the Resources/Key Documents area of the Ascentis website www.ascentis.co.uk or through contacting the Ascentis office.

In Northern Ireland it is the CCEA General Conditions of Recognition and Qualifications Wales is the Standard Conditions of Recognition.

ASSESSMENT AND VERIFICATION ARRANGEMENTS

Assessment

All units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria, internally assessed and verified by the centre and then externally verified by Ascentis.

On completion of the learners' evidence for either the individual units or the award/certificate/diploma, the assessor is required to complete the Summary Record of Achievement for each learner. The Summary Record of Achievement asks assessors and the internal verifier to confirm that the rules of combination have been followed. This is particularly important in cases where a learner has taken units at different levels. The Summary Record of Achievement form is provided in Appendix 1

Centres are required to retain all evidence from all learners for external verification and for 4 weeks afterwards should any appeal be made.

Internal Assessment

Evidence for each unit is through building up a portfolio of evidence to demonstrate that all the assessment criteria within the unit have been achieved. The evidence will be assessed by the assessor at the centre, who may or may not be the tutor teaching the course.

Portfolios of evidence should include a variety of evidence to demonstrate that the assessment criteria for each unit have been met. Examples of evidence that could be included are:

- Observation record
- Questions and discussions
- Photographs
- Video
- Worksheets
- Tape recordings
- Self assessments
- Workbook activities
- Final multiple choice tests.

If the learner fails to meet the assessment criteria on the first attempt at an activity they may redraft the work following feedback given by the tutor. However tutors must not correct the work of the learner, and all feedback given by the tutor must be included within the learner's evidence.

Learners' portfolio work should include a tracking sheet to show where the evidence for each assessment criterion is to be found. Some activities could produce evidence for more than one unit, which is acceptable as long as there is clear reference to this on the tracking sheet. Examples of tracking sheets are found in a separate document.

Verification

Internal Verification

Internal verification is the process of ensuring that everyone who assesses a particular unit in a centre is assessing to the same standards i.e. consistently and reliably. Internal verification activities will include: ensuring any stimulus or materials used for the purposes of assessment are fit for purpose; sampling assessments; standardisation of assessment decisions; standardisation of internal verification decisions. Internal Verifiers are also responsible for supporting assessors by providing constructive advice and guidance in relation to the qualification delivered.

Further information is available from the Resources/Key Documents section of the Ascentis website www.ascentis.co.uk

External Verification

Recognised centres will be visited in accordance with a verification model that is considered most appropriate for the provision. More frequent verifications can be requested from the Ascentis Quality Assurance team, for which there is usually an additional charge. External verification will usually focus on the following areas:

- A review of the centres management of the regulated provision
- The levels of resources to support the delivery of the qualification, including both physical resources and staffing
- Ensuring the centre is using appropriate assessment methods and making appropriate assessment decisions according to Ascentis' requirements
- Ensuring the centre has appropriate internal quality assurance arrangements as outlined within the relevant qualification specification
- Checking that the centre is using appropriate administrative arrangements to support the function of delivery and assessment

External Verifiers will usually do this through discussion with the centre management team; assessment and Internal Quality Assurance staff; verifying a sample of learners' evidence; talking to learners, reviewing relevant centre documentation and systems.

Knowledge, Understanding and Skills required of Assessors and Internal Verifiers

Centres must ensure that those delivering and assessing Ascentis qualifications are occupationally knowledgeable and competent within the relevant subject area.

Centres are responsible for ensuring that all staff involved in the delivery of the qualification are appropriately qualified. Ascentis will not be held responsible for any issues that relate to centre staffing which could impact on the successful delivery, assessment and internal quality assurance of our qualifications.

Those delivering the qualification should preferably hold or be working towards a recognised teaching qualification. Assessors must be able to make appropriate assessment decisions. Internal Quality Assurers need to have knowledge and experience of the internal quality assurance processes.

Centres are required to ensure that appropriate training and support is in place for staff involved in the delivery, assessment and internal verification of Ascentis qualifications.

Ascentis offers free support for centres. Further information on the support that is available can be found on Quartz Web or the Ascentis website.

Summary Record of Achievement
 Ascentis Entry Level Award in Independent Living (Entry 1)

Unit Title	Level	Credit Value	Date completed	Assessor Signature	Internal Verifier Signature (if sampled)

Learner Name _____

Minimum Credit Value of Qualification 6

I confirm that the minimum number of credits have been achieved in order for a claim for certification to be made. I can confirm that the credit has been achieved from the correct combination of mandatory and optional units as specified within the Rules of Combination.

Assessor Signature _____

Internal Verifier Signature (if sampled) _____

APPENDIX 1

Summary Record of Achievement Ascentis Entry Level Award in Independent Living (Entry 2)

Unit Title	Level	Credit Value	Date completed	Assessor Signature	Internal Verifier Signature (if sampled)

Learner Name _____

Minimum Credit Value of Qualification 6

I confirm that the minimum number of credits have been achieved in order for a claim for certification to be made. I can confirm that the credit has been achieved from the correct combination of mandatory and optional units as specified within the Rules of Combination.

Assessor Signature _____

Internal Verifier Signature (if sampled) _____

APPENDIX 1

Summary Record of Achievement Ascentis Entry Level Award in Independent Living (Entry 3)

Unit Title	Level	Credit Value	Date completed	Assessor Signature	Internal Verifier Signature (if sampled)

Learner Name _____

Minimum Credit Value of Qualification 6

I confirm that the minimum number of credits have been achieved in order for a claim for certification to be made. I can confirm that the credit has been achieved from the correct combination of mandatory and optional units as specified within the Rules of Combination.

Assessor Signature _____

Internal Verifier Signature (if sampled) _____

Summary Record of Achievement
 Ascentis Entry Level Certificate in Independent Living (Entry 1)

Unit Title	Level	Credit Value	Date completed	Assessor Signature	Internal Verifier Signature (if sampled)

Learner Name _____

Minimum Credit Value of Qualification 15

I confirm that the minimum number of credits have been achieved in order for a claim for certification to be made. I can confirm that the credit has been achieved from the correct combination of mandatory and optional units as specified within the Rules of Combination.

Assessor Signature _____

Internal Verifier Signature (if sampled) _____

Summary Record of Achievement
Ascentis Entry Level Certificate in Independent Living (Entry 2)

Unit Title	Level	Credit Value	Date completed	Assessor Signature	Internal Verifier Signature (if sampled)

Learner Name _____

Minimum Credit Value of Qualification 15

I confirm that the minimum number of credits have been achieved in order for a claim for certification to be made. I can confirm that the credit has been achieved from the correct combination of mandatory and optional units as specified within the Rules of Combination.

Assessor Signature _____

Internal Verifier Signature (if sampled) _____

Summary Record of Achievement
 Ascentis Entry Level Certificate in Independent Living (Entry 3)

Unit Title	Level	Credit Value	Date completed	Assessor Signature	Internal Verifier Signature (if sampled)

Learner Name _____

Minimum Credit Value of Qualification 15

I confirm that the minimum number of credits have been achieved in order for a claim for certification to be made. I can confirm that the credit has been achieved from the correct combination of mandatory and optional units as specified within the Rules of Combination.

Assessor Signature _____

Internal Verifier Signature (if sampled) _____

Summary Record of Achievement
 Ascentis Entry Level Diploma in Independent Living (Entry 1)

Unit Title	Level	Credit Value	Date completed	Assessor Signature	Internal Verifier Signature (if sampled)

Learner Name _____

Minimum Credit Value of Qualification 37

I confirm that the minimum number of credits have been achieved in order for a claim for certification to be made. I can confirm that the credit has been achieved from the correct combination of mandatory and optional units as specified within the Rules of Combination.

Assessor Signature _____

Internal Verifier Signature (if sampled) _____

APPENDIX 1

Summary Record of Achievement Ascentis Entry Level Diploma in Independent Living (Entry 2)

Unit Title	Level	Credit Value	Date completed	Assessor Signature	Internal Verifier Signature (if sampled)

Learner Name _____

Minimum Credit Value of Qualification 37

I confirm that the minimum number of credits have been achieved in order for a claim for certification to be made. I can confirm that the credit has been achieved from the correct combination of mandatory and optional units as specified within the Rules of Combination.

Assessor Signature _____

Internal Verifier Signature (if sampled) _____

Summary Record of Achievement
 Ascentis Entry Level Diploma in Independent Living (Entry 3)

Unit Title	Level	Credit Value	Date completed	Assessor Signature	Internal Verifier Signature (if sampled)

Learner Name _____

Minimum Credit Value of Qualification 37

I confirm that the minimum number of credits have been achieved in order for a claim for certification to be made. I can confirm that the credit has been achieved from the correct combination of mandatory and optional units as specified within the Rules of Combination.

Assessor Signature _____

Internal Verifier Signature (if sampled) _____

APPENDIX 1

Summary Record of Achievement
Supplementary Sheet

Unit Title	Level	Credit Value	Date completed	Assessor Signature	Internal Verifier Signature (if sampled)

Learner Name _____

Minimum Credit Value of Qualification

I confirm that the minimum number of credits have been achieved in order for a claim for certification to be made. I can confirm that the credit has been achieved from the correct combination of mandatory and optional units as specified within the Rules of Combination.

Assessor Signature _____

Internal Verifier Signature (if sampled) _____