

Ascentis **Entry 3 and Level 1** **Award**

in

**The Importance of
Resilience and Grit**

Overview Specification



Ofqual Numbers:

Entry 3 Award: 603/4278/X
Level 1 Award: 603/4279/1

Ofqual Start Date:

01/04/2019

Ofqual Review Date:

31/07/2025

Ofqual Certification Review Date:

31/07/2026

Qualification Overview

These one-unit qualifications introduce learners to what is meant by the terms 'resilience' and 'grit' and how they can be used to support own behaviour and character.

There are several features of these qualifications that make them very appropriate for their target learners:

- Assessment and certification can be offered throughout the year, allowing maximum flexibility for centres
- The qualifications are offered as a single unit of 20 guided learning hours
- They can be delivered either as classroom-based courses or as a blended learning programme
- There are tutor resources and a learner workbook

Aims

The aims of the qualifications are to enable learners to:

- 1 Understand the importance of resilience
- 2 Know how to develop resilience
- 3 Understand the importance of grit

Target Group

These qualifications are aimed at a range of learners who are interested in learning the importance of resilience and grit.

Regulation Codes

Ofqual Regulation Numbers:

- Ascentis Entry 3 Award in The Importance of Resilience and Grit: 603/4278/X
- Ascentis Level 1 Award in The Importance of Resilience and Grit: 603/4279/1

Assessment Method

The units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria. Centres can use the assessment booklet developed by Ascentis (available to download from QuartzWeb) which covers all the assessment criteria. The evidence will be internally assessed and verified by the centre and then externally verified by Ascentis.

Rule of Combination

Learners must complete one unit for the Ascentis Entry 3 or Level 1 Award in The Importance of Resilience and Grit.

Ascentis Entry 3 Award in The Importance of Resilience and Grit				
Title	Level	Credit Value	TQT	Unit ref
The Importance of Resilience and Grit	Entry 3	2	20	T/615/8977

Ascentis Level 1 Award in The Importance of Resilience and Grit				
Title	Level	Credit Value	TQT	Unit ref
The Importance of Resilience and Grit	Level 1	2	20	M/615/9268

Guided Learning Hours (GLH)

The recommended guided learning hours for each of these qualifications is 20.

Total Qualification Time (TQT)

The total qualification time for each of these qualifications is 20.

Age Range of Qualification

These qualifications are suitable for young people aged 14–19 and adult learners.

Contact & Further Information

New Centres please email hello@ascentis.co.uk or call 01524 845046

Existing Centres please visit the login area of our website www.ascentis.co.uk to view the full specification.

Product Development for enquiries please email development@ascentis.co.uk