

# Ascentis Level 2 Certificate, Extended Certificate and Diploma

in

# Health and Social Care Professions Rule of Combination



**Ofqual Numbers:**

Ofqual Start Date: 01/06/2015  
Ofqual Review Date: 31/07/2024  
Ofqual Certification Review Date: 31/07/2025

**Certificate: 601/6234/X**

**Extended Certificate: 601/6239/9**

**Ofqual Number:**

Ofqual Start Date: 01/06/2015  
Ofqual Review Date: 31/07/2022  
Ofqual Certification Review Date: 31/07/2023

**Diploma: 601/6236/3**

# Qualification Overview

The Ascentis Level 2 Certificate, Extended Certificate and Diploma in Health and Social Care Professions are designed to help learners make an informed choice about a career in health and social care. Achievement of these qualifications could act as progression towards programmes of study at Level 2 or Level 3 such as an Apprenticeship programme or the Access to HE Diploma.

There are several features of these qualifications that make them very appropriate for their target learners:

- Assessment is through the building-up of a portfolio of evidence, allowing flexibility in terms of the learner putting together evidence most appropriate to their learning situation
- There is a flexible optional unit structure that allows learners and tutors to choose learning that is relevant to their specific needs
- Units are available at both Level 1 and Level 2
- Verification and certification can be offered throughout the year, allowing maximum flexibility for centres

## Aims

The aims of the qualifications are to enable learners

- 1 To promote the skills required for learner self-confidence and further study
- 2 To encourage learners to consider a career in health and social care
- 3 To reward the achievement of learners for the skills that they have developed

## Target Group

These qualifications are aimed at learners wishing to develop skills in health and social care and go onto further study or work in this area.

## Regulation Codes

Ofqual Regulation Numbers:

- Ascentis Level 2 Certificate in Health and Social Care Professions: 601/6234/X
- Ascentis Level 2 Extended Certificate in Health and Social Care Professions: 601/6239/9
- Ascentis Level 2 Diploma in Health and Social Care Professions: 601/6236/3

## Assessment Method

All units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria. They are internally assessed and verified by the centre and then externally verified by Ascentis.

# Rule of Combination

The qualifications consist of a collection of optional units covering a wide range of organisational contexts. This will allow learners to select those units which will meet their specific occupational requirements.

To achieve the **Level 2 Certificate in Health and Social Care Professions** learners must achieve a minimum of 13 credits, with a minimum of 4 credits from the Personal and Social Development optional units and a minimum of 9 credits from the Health and Social Care optional units. At least 7 credits must be at Level 2.

To achieve the **Level 2 Extended Certificate in Health and Social Care Professions** learners must achieve a minimum of 25 credits, with a minimum of 7 credits from the Personal and Social Development optional units and a minimum of 18 credits from the Health and Social Care optional units. At least 13 credits must be at Level 2.

To achieve the **Level 2 Diploma in Health and Social Care Professions** learners must achieve a minimum of 37 credits, with a minimum of 10 credits from the Personal and Social Development optional units and a minimum of 27 credits from the Health and Social Care optional units. At least 19 credits must be at Level 2.

| Ascentis Level 2 Certificate, Extended Certificate and Diploma in Health and Social Care Professions |         |              |     |            |
|--|---------|--------------|-----|------------|
| Certificate: 13 credits<br>Extended Certificate: 25 credits<br>Diploma: 37 credits                   |         |              |     |            |
| Personal and Social Development Units  |         |              |     |            |
| Title  | Level   | Credit Value | GLH | Unit ref   |
| Developing Self  | Level 2 | 2            | 20  | K/508/5547 |
| Healthy Living   | Level 2 | 3            | 30  | A/508/5553 |
| Individual Rights and Responsibilities   | Level 2 | 1            | 10  | D/508/5559 |
| Managing Your Own Money  | Level 2 | 2            | 20  | M/508/5579 |
| Identity and Cultural Diversity  | Level 2 | 2            | 20  | F/508/5568 |
| Carrying out own Volunteering Role   | Level 2 | 1            | 10  | L/502/4062 |
| Time Management  | Level 2 | 3            | 24  | H/508/5577 |
| Counselling Skills and Personal Development  | Level 2 | 4            | 30  | J/507/7407 |
| Research Skills for Academic Study   | Level 2 | 2            | 15  | M/508/5582 |
| IT communication fundamentals  | Level 2 | 2            | 15  | T/508/5583 |
| Database software  | Level 2 | 4            | 30  | A/508/5584 |
| Using the internet   | Level 2 | 4            | 30  | F/508/5585 |
| Presentation software  | Level 2 | 4            | 30  | J/508/5586 |
| Spreadsheet software   | Level 2 | 4            | 30  | L/508/5587 |
| Word Processing software   | Level 2 | 4            | 30  | R/508/5588 |
| Critical Thinking  | Level 2 | 3            | 24  | A/505/1967 |
| Research Project   | Level 2 | 3            | 14  | H/505/2143 |

| Essay Writing  | Level 2      | 3                   | 21         | Y/505/1975      |
|--|--------------|---------------------|------------|-----------------|
| Plagiarism   | Level 2      | 1                   | 7          | F/505/2117      |
| Work Experience – From Personal and Vocational Development   | Level 2      | 3                   | 24         | A/508/5570      |
| <b>Health and Social Care Units</b>  |              |                     |            |                 |
| <b>Title</b>   | <b>Level</b> | <b>Credit Value</b> | <b>GLH</b> | <b>Unit ref</b> |
| Keeping a child healthy and safe   | Level 1      | 1                   | 10         | L/502/1727      |
| Introductory awareness of the importance of healthy eating and drinking for adults                 | Level 1      | 3                   | 24         | Y/508/5608      |
| Human growth and development   | Level 1      | 2                   | 18         | D/508/5609      |
| Introduction to disability awareness   | Level 1      | 1                   | 8          | R/508/5610      |
| Introduction to children and young people's development  | Level 1      | 3                   | 26         | Y/508/5611      |
| Understand the importance of engagement in leisure and social activities in health and social care | Level 1      | 3                   | 29         | D/508/5612      |
| Introduction to creative activities for children's development                                     | Level 1      | 3                   | 17         | H/602/6376      |
| Introduction to the physical care of babies and young children                                     | Level 1      | 3                   | 30         | H/508/5613      |
| Introduction to the development of children and young people through play                          | Level 1      | 2                   | 15         | K/508/5614      |
| Encourage children and young people to eat healthily   | Level 1      | 2                   | 16         | M/508/5615      |
| Introduction to a healthy lifestyle  | Level 1      | 3                   | 26         | T/508/5616      |
| Introduction to autistic spectrum condition  | Level 1      | 3                   | 30         | A/508/5617      |
| Introduction to learning disability  | Level 1      | 3                   | 30         | F/508/5618      |
| Introduction to physical disability  | Level 1      | 3                   | 30         | J/508/5619      |
| Introduction to sensory loss   | Level 1      | 3                   | 30         | A/508/5620      |
| Introduction to mental health  | Level 1      | 3                   | 30         | F/508/5621      |
| Introduction to dementia   | Level 1      | 3                   | 30         | J/508/5622      |
| Introduction to Human Physiology for Health Care   | Level 1      | 4                   | 30         | L/503/4672      |
| Introductory awareness of autistic spectrum conditions   | Level 2      | 2                   | 17         | M/601/5316      |
| Principles of safeguarding and protection in health and social care                                | Level 2      | 3                   | 26         | R/508/5624      |
| Safeguarding the welfare of children and young people  | Level 2      | 3                   | 20         | K/601/3323      |
| Child and young person development   | Level 2      | 2                   | 15         | H/508/5627      |
| Contribute to the development of babies and young children   | Level 2      | 2                   | 16         | H/508/5630      |
| Human Physiology for Health Care   | Level 2      | 6                   | 30         | R/503/4673      |
| Introduction to Care Work  | Level 1      | 2                   | 10         | M/504/6524      |

|  |         |   |    |            |
|--|---------|---|----|------------|
| Understand the range of service provision and roles within health and social care (adults and children and young people), early years and child care | Level 1 | 3 | 26 | M/508/5601 |
| Awareness of protection and safeguarding in health and social care (adults and children and young people), early years and childcare                 | Level 1 | 3 | 24 | D/508/5531 |
| Understand the principles and values in health and social care (adults and children and young people), early years and childcare                     | Level 1 | 3 | 26 | T/508/5602 |
| Introduction to values and principles of adult social care   | Level 1 | 1 | 10 | D/502/9590 |
| Awareness of skills and attitudes needed to work in adult social care  | Level 1 | 1 | 8  | F/508/5666 |
| Introduction to communication in health and social care (adults and children and young people), early years and childcare                            | Level 1 | 2 | 19 | A/508/5603 |
| Introductory awareness of equality and inclusion in health, social care and children's and young people's settings                                   | Level 1 | 3 | 25 | F/508/5604 |
| Introductory awareness of health and safety in health, social care and children's and young people's settings  | Level 1 | 4 | 36 | J/508/5605 |
| Introductory awareness of person-centred support in health, social care and children's and young people's settings                                   | Level 1 | 2 | 18 | L/508/5606 |
| Introductory awareness of working with others in health, social care and children's and young people's settings                                      | Level 1 | 2 | 16 | R/508/5607 |
| Principles of communication in adult social care settings  | Level 2 | 2 | 17 | L/508/5623 |
| Communication and professional relationships with children, young people and adults  | Level 2 | 2 | 15 | Y/508/5625 |
| Understand the role of the social care worker  | Level 2 | 1 | 9  | K/508/5628 |
| Introduction to Criminology  | Level 1 | 4 | 30 | Y/503/4674 |
| Introduction to Sociology  | Level 1 | 4 | 30 | H/503/4676 |
| Introduction to Psychology   | Level 1 | 4 | 30 | H/503/4872 |
| Introduction to Criminology  | Level 2 | 6 | 30 | D/503/4675 |
| Introduction to Sociology  | Level 2 | 6 | 30 | K/503/4677 |
| Introduction to Psychology   | Level 2 | 6 | 30 | K/503/4873 |
| Maintaining Quality Standards in the Health Sector   | Level 2 | 1 | 8  | J/508/5667 |
| Understanding Health and Safety in Health and Social Care Settings   | Level 2 | 4 | 32 | J/508/5670 |
| Activity Provision in Health and Social Care   | Level 2 | 3 | 24 | L/508/5671 |

|  |         |   |    |            |
|--|---------|---|----|------------|
| Understanding the Health and Social Care Professions   | Level 2 | 3 | 24 | R/508/5672 |
| Care of the Elderly  | Level 2 | 3 | 24 | Y/508/5673 |
| Ethical Issues in Health Care  | Level 2 | 3 | 24 | D/508/5674 |
| Diabetes Awareness   | Level 2 | 3 | 24 | H/508/5675 |
| Stroke Awareness   | Level 2 | 3 | 28 | F/508/5635 |
| Preparing for a Career in the Health and Social Care Professions   | Level 2 | 3 | 24 | K/508/5676 |
| The Role and Responsibilities of the Health and Social Care Worker   | Level 2 | 1 | 8  | L/508/5668 |
| Basic First Aid Principles   | Level 2 | 1 | 8  | R/508/5669 |
| Introduction to Biology  | Level 2 | 6 | 60 | R/508/5462 |
| Introduction to Chemistry  | Level 2 | 6 | 60 | Y/508/5463 |
| Introduction to Physics  | Level 2 | 6 | 60 | D/508/5464 |
| Scientific Skills  | Level 2 | 3 | 30 | H/508/5465 |
| Research Methods in Sociology  | Level 2 | 3 | 30 | A/507/0700 |
| Ethical Issues in Social Policy  | Level 2 | 3 | 30 | L/507/0698 |
| Introduction to Sociology  | Level 2 | 3 | 30 | R/507/0699 |
| <b>Credits from equivalent units</b><br>Please contact the Ascentis office to request equivalences, and ask to speak to a member of the Qualifications Development Team. |         |   |    |            |
| <b>Credits from exemptions</b><br>Please contact the Ascentis office to request exemptions and ask to speak to a member of the Qualifications Development Team.          |         |   |    |            |
| <b>For any units of the same title at different levels credit can only be taken from one of the units to count towards achievement of the full qualification.</b>        |         |   |    |            |

## Guided Learning Hours (GLH)

The recommended guided learning hours for the Level 2 Certificate in Health and Social Care Professions is 87.

The recommended guided learning hours for the Level 2 Extended Certificate in Health and Social Care Professions is 174.

The recommended guided learning hours for the Level 2 Diploma in Health and Social Care Professions is 269.

## Total Qualification Time (TQT)

The total qualification time for the Level 2 Certificate in Health and Social Care Professions is 130.

The total qualification time for the Level 2 Extended Certificate in Health and Social Care Professions is 250.

The total qualification time for the Level 2 Diploma in Health and Social Care Professions is 370.

## Age Range of Qualification

These qualifications are suitable for young people aged 14–19 and adult learners.

# Contact & Further Information

New Centres please email [hello@ascentis.co.uk](mailto:hello@ascentis.co.uk) or call 01524 845046

Existing Centres please visit the Login area of our website to view the full specification.

Product Development for enquiries please email [development@ascentis.co.uk](mailto:development@ascentis.co.uk)