



Guide to Mapping your Curriculum to the T Level Transition Programme





Mapping Ascentis qualifications to the T Level Transition Programme

The T Level Transition Programme, launched by the Department for Education (DfE) in September 2020, is a study programme for 16- to 19-year-olds specifically designed to develop the skills, experience, knowledge and behaviours to support progression onto a T Level.

The Transition Programme is targeted at students who are not ready to start a T Level but have the potential to progress onto one following a tailored preparation programme. A T Level Transition Programme is expected to be a full-time study programme lasting up to a standard academic year.

The T Level Framework sets out the key components to provide a broad foundation for T Levels. Using the Framework, schools, colleges and training providers may develop the most appropriate and effective Transition programme to meet their own learners' needs.

A T Level Transition Programme must consist of five core components:

Diagnostic and guidance period:

- To assess students' capability and support needs in order to tailor their Transition Programme to address these needs
- Help students decide which T Level route they want to prepare for

English and Maths:

- For students who do not hold at least a GCSE grade 4 in English and/or maths and are required to continue studying as per the condition of funding

Work experiences and preparation:

- To develop the skills, behaviours, attitudes and confidence that will be needed for students to complete the T Level Industry Placement

Introductory technical skills:

- Introductory skills and concepts to prepare students for the T Level route they wish to progress to

Pastoral support and personal development:

- Relevant and meaningful support to address barriers to education, support emotional and/or mental health difficulties and support the development of study skills, and reflective and resilience skills

The DfE expects schools, colleges and training providers to bring these components together and integrate them in the most effective way to engage and support individual students, and provide stretch and challenge to prepare them for T Level study.

The following mapping grid highlights how Ascentis' [Short Online Qualifications \(SOQs\)](#), [Progression to Further Learning and Work Qualifications \(PFLW\)](#), [Construction \(CNS\)](#), [Employability \(EPLY\)](#), [English and Maths \(E&M\)](#), [Essential Digital Skills \(EDSQ\)](#), [Employment, Digital and Community Engagement Skills for English Language Learners \(EDCE\)](#) and [Vocational Qualifications \(VOC\)](#) can support the development of a Transition Programme and contribute to the DfE's T level Framework components.

The qualifications are [hyperlinked to their relevant section on the 'Find a Learning Aim' site](#) so that you can check available funding and GLH with ease. Please make sure you [select the correct 'Academic Year'](#) using the drop-down box to check the relevant year.

Core Components	Mapping to Ascentis qualifications
Diagnostic and guidance period	
<p>To assess students' capability and support needs in order to tailor their Transition Programme to address these needs.</p>	<p>Ascentis Entry 3 Award and Level 1 Award in Induction to a Learning Environment (PFLW) – provide learners with essential information and skills needed when starting in a learning environment, including an understanding of health and safety in the learning environment and the support available to them throughout their learning. In addition, learners will develop an understanding of their own responsibilities and ways to study and learn effectively.</p> <p>Ascentis Level 1 Award in Managing Transitions (PFLW) – designed to recognise the transition between different environments, for example from school to college. This programme supports learners to adapt to new settings and cope with change, whilst promoting personal development, self-improvement and interaction with others.</p> <p>Ascentis Entry 3 Award and Certificate and Level 1 Award, Certificate and Diploma in Identity and Belonging in Modern Britain (PFLW) – helps learners to explore their identities and work towards understanding their own sense of belonging, in order to achieve a skill set that will enable them to operate independently and effectively in every part of work, education and life in modern Britain.</p>

<p>Help students decide which T Level route they want to prepare for.</p>	<p>Ascentis Level 1 Award in Understanding Career Planning and Development (EPLY) – prepares learners for their career aspiration through the identification of existing skills, preferences, values and interests and matching these against career opportunities, and identifies areas for personal and career development. The programme supports learners to plan short- and long-term goals and produce a career action plan to achieve these goals. It encourages learners to explore a range of search techniques for jobs and further learning opportunities, and enables them to complete effective application documents and make a positive impression at interviews.</p> <p>Ascentis Level 1 Award in Understanding Employment, Business and Enterprise (SOQ) – provides learners with knowledge and understanding of basic principles of employment, business and enterprise. The programme introduces the importance of entrepreneurial skills within business and encourages learners to consider their own role in employment, business and enterprise. This qualification may be used in an induction programme or integrated with a longer programme of study in a vocational area.</p>
<p>English and maths</p>	
<p>For students who do not hold at least a GCSE grade 4 in English and/or maths and are required to continue studying as per the condition of funding.</p>	<p>Ascentis Entry 1 Award and Certificate and Entry 2 Award and Certificate in Life Skills (PFLW) – promote independent living skills and confidence in learners and help them to progress towards literacy, numeracy, ICT and vocational qualifications. They further recognise and reward learners for the skills they have developed and achieved.</p> <p>Ascentis Entry Level 1 Award, Certificate and Diploma in Personal Progress (PFLW) – designed for learners operating at the earliest communication levels, or those who are working at or just below the Application stage of the Achievement Continuum. This programme promotes the development of life skills and functional skills in English, maths and ICT below the level of the Functional Skills qualifications. It further supports the horizontal and lateral progression of learners whilst recognising their learning achievements.</p> <p>Ascentis Level 1 Awards in English (Stepping Stones to Functional Skills) (E&M) – this suite of Awards in aspects of English is aimed at adults and young people who wish to improve their English skills. They are intended to aid progression, either to further study through the new English Functional Skills or GCSE English qualifications. The individual stand-alone units have been mapped to the Adult Literacy Core Curriculum and reflect the requirements of the reformed English Functional Skills details of which can be found here: https://www.gov.uk/government/publications/functional-skills-subject-content-english . A Level 1</p>

	<p>Certificate in English is also available. This is suitable for those who wish to improve all aspects of their English skills.</p> <p>Ascentis Level 1 Awards in Mathematics (Stepping Stones to Functional Skills) – these qualifications are ideal for adults and young people wishing to develop their mathematical skills at Level 1. They are intended to aid progression, either to further study through Mathematics Functional Skills or GCSE Mathematics qualifications. The Awards are a range of small qualifications which have been designed to ‘bridge the gaps’ in learners’ mathematical knowledge thus focussing on developing confidence and ability.</p> <p>Ascentis Entry Level Award and Certificate in Employment, Digital and Community Engagement Skills for English Language Learners (Entry 3) – the main purpose of this qualification is to enable learners to gain the practical and personal skills for work and further study while improving their knowledge and use of the English language. The qualification offers a flexible and broad range of topics which can be tailored to learners’ needs to help them to gain new skills and knowledge. The phenomenon of a plateau for language learners is well known. Learners reach a certain point in their ability to communicate in the target language (in this case English) and then find it difficult to move beyond it.</p>
Work experience and preparation	
<p>To develop the skills, behaviours, attitudes and confidence that will be needed for students to complete the T Level Industry Placement.</p>	<p>Ascentis Entry 3 and Level 1 Award in Personal Development (PFLW) – promote the skills required for independent living and learner self-confidence, and encourage learners to acquire the skills to progress towards employment. They further recognise and reward learners for the skills they have developed and achieved.</p> <p>Ascentis Level 1 Award in Managing Uncertainty and Self-Resilience for Employability (EPLY) – this qualification is designed to give learners knowledge and understanding of the effects of uncertainty and change on personal stress; raise awareness of mindfulness and stress-management techniques to manage self during these times; and raise awareness of transferable skills to build confidence and support employability.</p>

Ascentis [Entry 3](#) and [Level 1 Award in the Importance of Resilience and Grit](#) (PFLW) – introduce learners to what is meant by the terms ‘resilience’ and ‘grit’ and how they can be developed and used to support own behaviour and character.

Ascentis [Entry 3 Award](#) and [Certificate](#), and [Level 1 Award](#), [Certificate](#) and [Diploma](#) and [2 Award](#), [Certificate](#) and [Diploma in Progression](#) (PFLW) – enable learners to overcome barriers which are preventing them from achieving what they want to achieve in life and work, and encourage them to operate independently and effectively in life, learning and work.

Ascentis [Entry 1 Award](#) and [Certificate](#) and [Entry 2 Award](#) and [Certificate in Life Skills](#) (PFLW) – promote independent living skills and confidence in learners and help them to progress towards literacy, numeracy, ICT and vocational qualifications. They further recognise and reward learners for the skills they have developed and achieved.

Ascentis [Entry Level 3 Award](#) and [Certificate](#) and [Level 1 Award](#) and [Certificate in Character Education](#) (PFLW) – designed for learners who would benefit from reflection and adaption of their own behaviours and character in order to establish themselves in modern society. The programme develops the skills necessary to work effectively with others, whether in the world of work or in further study.

[Ascentis Level 1 Award in Personal Well-Being](#) (PFLW) – provides learners with knowledge and skills enabling them to make balanced and informed choices about their life, both now and in the future, and to develop confidence in their own abilities. The programme develops an understanding of diversity, interpersonal communication, motivation, assertiveness and self-esteem. In addition, through the wide range of units offered, learners can explore topics relevant to their lives, including body image, bullying, eating disorders, sex and relationships, and drugs and substance misuse.

Ascentis [Entry 3 Award](#) and [Level 1 Award](#) and [Certificate in Personal Health and Relationships](#) (PFLW) – these qualifications offer learners the opportunity to explore a wide range of different subject areas associated with health and relationships, and discover the associated skills, attributes, risks and benefits that enable these to be successful and rewarding. They provide the learner with

the knowledge and skills to explore issues relating to the society in which they live and topics which may be relevant to their own lives.

Ascentis Entry 3 [Award](#), [Certificate](#) and [Diploma](#) and Level 1 [Award](#), [Certificate](#) and [Diploma](#) in Skills Towards Enabling Progression (Step Up) (PFLW) – these qualifications are designed to help individuals to achieve a skill set that will enable them to operate independently and effectively in life, learning and work. It supports young people and adults to overcome barriers which are preventing them from achieving what they want to in life and work.

[Ascentis Level 1 Award in Understanding Career Planning and Development](#) (EPLY) – prepares learners for their career aspirations through the identification of existing skills, preferences, values and interests and matching these against career opportunities, and identifies areas for personal and career development. The programme supports learners to plan short- and long-term goals and produce a career action plan to achieve these goals. It encourages learners to explore a range of search techniques for jobs and further learning opportunities, and enable them to complete effective application documents and make a positive impression at interviews.

Ascentis [Entry 3](#) and [Level 1](#) Awards in Essential Digital Skills for Work and Life (Entry 3) – these qualifications focus on bridging the gap between the digital first (individuals who own multiple digital devices and interact with online content on a daily basis) and the digitally disengaged (individuals who have little or no experience of using digital devices and accessing online content). The skills acquired through these qualifications will allow learners to be digitally mobile and access important governmental services, transact online and explore technologies, which will improve their social interactions with family and friends.

[Ascentis Level 1 Award in Internet Safety for IT Users](#) (SOQ) – develops an understanding of the risks that can exist when using the internet and ways to safeguard self and others when working online. It further explores ways to maintain data security and the guidelines and procedures that apply when working online.

[Ascentis Level 1 Award in Awareness of Social Media and Online Safety](#) (SOQ) – provides learners with an understanding of the impact of internet technologies on society and explores the issues and

	<p>potential risks that users face when online. It further develops ways in which an individual may identify and manage risk and take preventative measures to stay safe online.</p> <p>Ascentis Level 1 and Level 2 Awards in Volunteering to Support English Teaching and Learning (ESOL) – These qualifications have been designed to provide the basic skills required to support teaching and learning of English for Speakers of Other Languages in a wide range of contexts and settings. The NATECLA guidance for volunteers was used as a basis for the development.</p>
Introductory technical skills	
<p>Introductory skills and concepts to prepare students for the T Level route they wish to progress to.</p>	<p>Ascentis Level 1 Certificate for Introduction to Customer Service (VOC) – Customer Service is not a discrete sector and the key skills relate to a wide variety of sector areas. The Certificate for Introduction to Customer Service provides an introduction to the knowledge and skills needed in order to provide effective customer service in a range of sectors. It also gives learners the core knowledge of working within customer service and legislation.</p> <p>Ascentis Level 2 Award in Food Safety in Catering (SOQ) – outlines the principles of keeping food safe. The qualification introduces the learner to key issues in food safety: taking responsibility for their own food safety and hygiene, keeping work areas clean and keeping food safe. The qualification can be used in an induction programme or integrated with a longer programme of study within a vocational area.</p> <p>Ascentis Level 1 Award and Certificate in Introduction to Health and Social Care (PFLW) – offers opportunities for learners to explore and develop knowledge about the health and social care sector to help them decide whether working in the sector is the right choice for them. The qualification’s comprehensive coverage of the roles within health and social care allows learners to make decisions with confidence around their first steps in a learning pathway working towards their chosen career.</p> <p>Ascentis Level 1 Award in Infection Control and Prevention (SOQ) – introduces learners to the principles of infection control and prevention in daily life. It considers the different causes of infection and how infections are spread. Learners will also be able to identify their responsibilities and that of others in controlling and preventing infection and gain a clear understanding of the importance of good personal hygiene.</p>

Ascentis Level 1 Award in Understanding Safeguarding for Work, Education and Life (SOQ) – this programme is designed to give learners knowledge and understanding of safeguarding in work, education and life contexts. This includes the different types of abuse and how to recognise them, possible safeguarding issues caused by modern technology, the meaning of discrimination and victimisation and the importance of disclosing safeguarding concerns to professionals.

Ascentis Level 2 Award in Infection Prevention and Control (VOC) – designed for individuals working, either in a paid or voluntary capacity in roles, where they may be at risk of contracting or spreading infection. Knowledge of infection control is essential for all those working in hospital, nursing and care settings. It is often now considered relevant for those working in other types of group settings where there may be a risk of infection spreading, such as prisons, schools and hostels. The programme gives learners a good understanding of the causes of infection and how these can be controlled in relevant settings, such as hospitals and care homes.

Ascentis Level 1 Award and Certificate in Introduction to the Construction Environment (CNS) – these qualifications introduce learners to the construction industry enabling them to progress with further training and employment within their chosen areas. The Certificate also allows learners to develop their personal and employability skills to prepare them for employment in this sector.

Ascentis Level 1 Award and Certificate in Introduction to Health and Social Care (PFLW) – these qualifications offer an opportunity for learners to explore and develop knowledge about the health and social care sector to help them decide whether working in the sector is the right choice for them. The qualification’s comprehensive coverage of the roles within health and social care allows learners to make decisions with confidence around their first steps in a learning pathway working towards their chosen career.

Ascentis Level 1 Certificate in Creative Industry Skills (VOC) – this qualification has been designed to help individuals to develop skills to move towards future employment in creative industries. It enables learners to try out different areas of the creative industries and develop a range of basic skills for use in the creative industries. The primary purpose of the qualification is to support learners to the next level of vocational learning in skills needed for the creative industry.

Ascentis Level 1 Award and Certificate in Introduction to Animal Care and Garden Horticulture (PFLW) – these programmes offer learners the opportunity to acquire knowledge and understanding that underpin skills in the principles of animal care and garden horticulture. There are a wide range

	<p>of pathways to choose, giving the flexibility to develop individual routes tailored to specific interests and desired outcomes. These qualifications provide links between education and employment through the development of academic, practical and personal skills in work-related situations.</p> <p>Ascentis Level 1 and Level 2 Award in Environmental Sustainability (SOQ) – these programmes outline the basic principles of sustainability and environmental impacts. It explores the key issues of sustainability, raising awareness of the topic and encouraging individuals to consider their role in helping to make sustainable choices. The qualification can be used in an induction programme or integrated with a longer programme of study in a vocational area.</p> <p>Ascentis Level 1 Award in Preventing Plastic Pollution (SOQ) – provides individuals with an understanding of different types of plastics and their uses, as well as how to reduce pollution. The topic of plastic pollution has been well covered in the media and this qualification aims to help learners understand the subject and its impacts.</p>
Pastoral support and personal development	
<p>Relevant and meaningful support to address barriers to education, support emotional and/or mental health difficulties, and support the development of study skills, and reflective and resilience skills.</p>	<p>Ascentis Entry 3 Award and Certificate, and Level 1 Award, Certificate and Diploma and 2 Award, Certificate and Diploma in Progression (PFLW) – enable learners to overcome barriers which are preventing them from achieving what they want to achieve in life and work, and encourage them to operate independently and effectively in life, learning and work.</p> <p>Ascentis Entry 3 and Level 1 Award in the Importance of Resilience and Grit (PFLW) – introduce learners to what is meant by the terms ‘resilience’ and ‘grit’ and how they can be developed and used to support own behaviour and character.</p> <p>Ascentis Entry 3 Award in Introduction to Safeguarding (SOQ) – introduces learners to safeguarding, including the meaning and basic principles of safeguarding, types of abuse and their recognition features and possible safeguarding issues caused by modern technology.</p> <p>Ascentis Level 1 Award in Understanding Safeguarding for Work, Education and Life (SOQ) – this programme is designed to give learners knowledge and understanding of safeguarding in work, education and life contexts. This includes the different types of abuse and how to recognise them,</p>

possible safeguarding issues caused by modern technology, the meaning of discrimination and victimisation and the importance of disclosing safeguarding concerns to professionals.

[Ascentis Entry 3 Award in Healthy Living and Well-Being and Mental Health](#) (SOQ) – provides learners with the knowledge and understanding of the basic principles of healthy living, including the importance of mental health, healthy eating and the principles of physical activity to support health.

Ascentis Level 1 [Award](#) and 2 [Award](#) in Healthy Living (SOQ) – outline the importance of keeping a healthy body weight and develop an understanding of the importance of a healthy lifestyle and the requirements of a healthy diet.

[Ascentis Level 1 Award in Mental Health and Well-Being](#) (SOQ) – explores the meaning of ‘mental health’ and ‘well-being’ and develops an understanding of mental health conditions and treatment. In addition, it outlines how to find support for mental health conditions and ways of managing own mental health and well-being.

[Ascentis Level 1 Award in Personal Health and Well-Being](#) (SOQ) – introduces the importance of a healthy lifestyle, including an understanding of sex and relationships. It provides learners with ways in which they can build confidence and self-esteem and an understanding of the impact of body image.

Ascentis Entry 1 [Award](#), [Certificate](#) and [Diploma](#), Entry 2 [Award](#), [Certificate](#) and [Diploma](#) and Entry 3 [Award](#), [Certificate](#) and [Diploma](#) in Independent Living (PFLW) – enable learners to gain skills which will help them to live more independently, such as personal care, accessing community facilities, personal development and household skills (Entry 1), and leisure activities and rights and responsibilities (Entry 2 and 3).

[Ascentis Level 1 Award in Personal Safety](#) (SOQ) – introduces the principles of own personal safety. It further explores the impact of crime, drugs and alcohol on society and develops an understanding of the actions to take in an emergency.

[Ascentis Entry 3 Award in Equality and Diversity](#) (SOQ) – introduces the meaning of equality, diversity, discrimination and prejudice. It further explores how organisations can promote best practice in relation to equality and diversity.

[Ascentis Level 1 Award in Equality and Diversity](#) (SOQ) – provides learners with an understanding of the legal and moral principles of equality and diversity, including the current equality laws and how they impact equality and diversity, and the groups offered legal protection when providing goods, facilities and services to the public. It further identifies negative behaviours and actions, and the actions necessary to remain lawful and support equality and diversity when providing goods and services.

[Ascentis Entry 3 Award in Introduction to an Inclusive Environment](#) (SOQ) – introduces the challenges to developing an inclusive environment, including how people feel marginalised when they are bullied or abused, including how abuse takes lots of different forms and has negative impact for the victim and the abuser. In addition, this qualification explores how individuals can make and keep healthy friendships and also recognise unhealthy friendships and know the action to take if they suspect someone in the community is being abused.

[Ascentis Level 1 Award in Understanding an Inclusive Environment](#) (SOQ) – provides learners with an understanding of the laws that protect vulnerable people in society to promote an inclusive environment and the benefits to society of an inclusive environment. Learners will learn that poor and abusive family relationships can marginalise individuals and that bullying and abuse have serious long-term impacts for both the victim and abuser. In addition, the qualification promotes how to conduct healthy, intimate relationships and recognise abusive ones, and how to support a victim of abuse.

Ascentis Entry 3 Award and Level 1 Award and Certificate in Personal Health and Relationships – these qualifications offer learners the opportunity to explore a wide range of different subject areas associated with health and relationships, and discover the associated skills, attributes, risks and benefits that enable these to be successful and rewarding. They provide the learner with the knowledge and skills to explore issues relating to the society in which they live and topics which may be relevant to their own lives.

Programmes for professionals

Ascentis Level 2 Certificate in Mental Health Awareness (VOC) – designed for staff, volunteers and carers who do not hold a professional qualification in mental health but are involved in the delivery of mental health services. This programme develops an understanding of the nine specified mental health conditions and how to respond to and manage mental health disorders. Mental health conditions include: stress, anxiety, phobias, depression, post-natal depression, bipolar disorder, schizophrenia, dementia and eating disorders.